



DIGITAL TRAINERS PROJECT

Local Action plan on welfare technique



Mr Anders Fridén Vänersborg Municipality

Settings

Social welfare department ~1800 employees



Elderly care, impaired groups, care sector, social psychiatry, migrants, unemployed, families in need,

Overview of the practice

- A comprehensive strategy that establishes the orientation of digital development within the Social Welfare Department of Vänersborg
- This strategy provides the basis for decisions and priorities within the department
- In connection to the strategy there is an action plan for activities that should be carried out annually
- The action plan is revised every year



Started 2019 and ongoing Primary target groups

- employees

Indirect target groups

- elderly
- impaired groups
- PWIDs
- care recipients
- relatives of the users



Action plan

Training and implementation of different techniques and tools among staff,

"Cognition certificates" for staff that participated in training programs regarding development psychology on how support independence among users



- Medication robots
- Digital medicine cabinets
- "Food Happy app"
- Digital pets
- Digital coach employed (digital inclusion)
- Digital delaktighet | Vänersborgs kommun (vanersborg.se)



Impact

Digitization contributes to more effective service to meet the increased need for care that comes with a larger number of elderly and persons in need.



- > Increased patient safety
- Less administration
- > Increased autonomy among users
- > Increased quality of services
- > Possibilities to stay longer in your own home
- and much more

Challenges

Several

- making tools user-friendly and accessible
- legal issues regarding the integrity of the users.



Transferability

Several

- Forming a specific welfare strategy for digitization
- Training on the purpose with the techniques and tools is essential but also universal
- Best practices in use

