

Social and psychological well-being in dialogic education

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dr. Viktor Gardelli
Sweden

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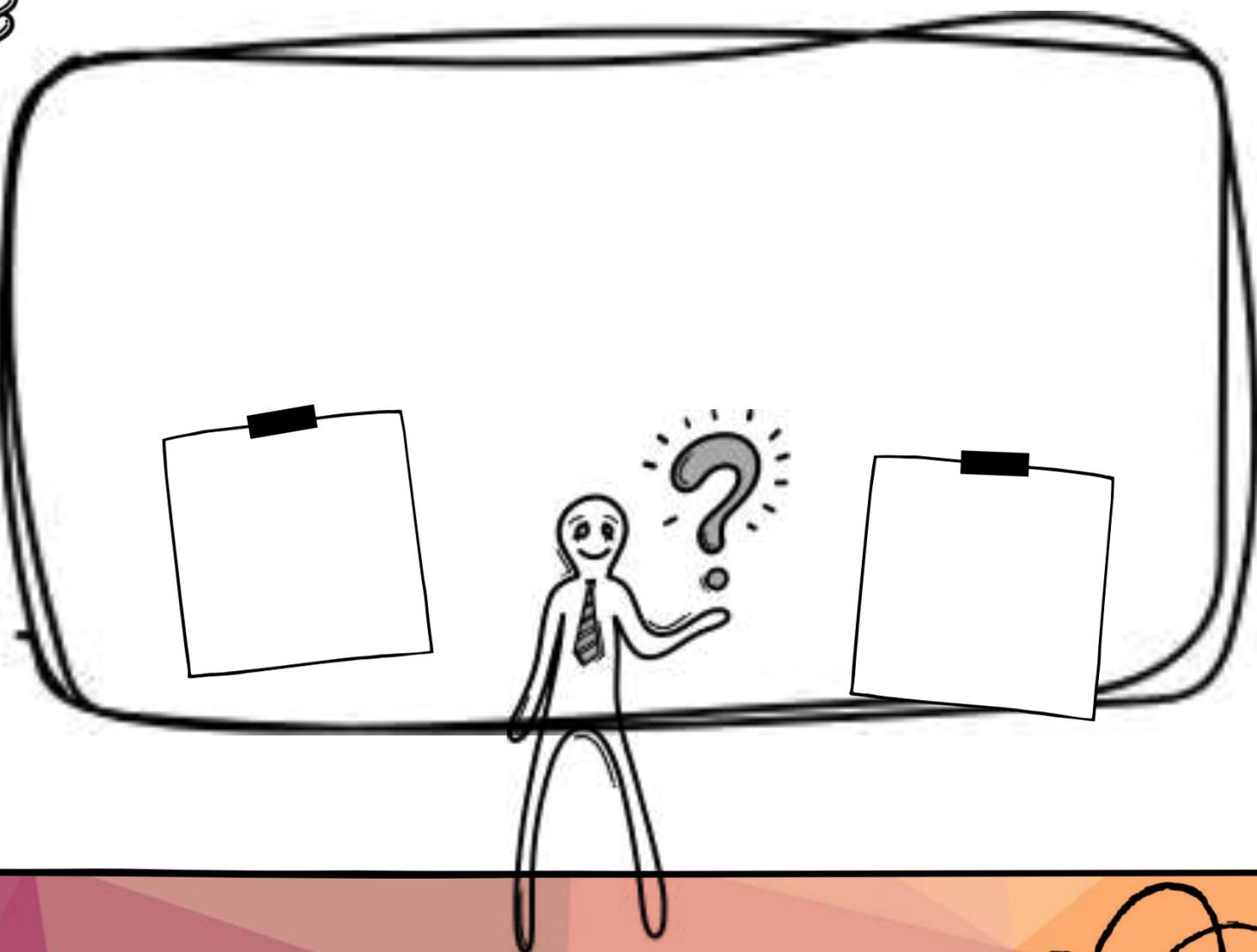


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Contents

This short presentation will cover:

- 1 A short presentation
- 2 Dialogic education
- 3 Research about dialogic education
- 4 The BRIDGE to dialogic education





Presentation

Who are we?



Ylva Backman, PhD



Associate Professor of Education with a focus on special needs education

Doctoral thesis on student's psychosocial well-being, student-centred research methodology and connectedness between health and learning

More than 15 years of practice, education and research in philosophical dialogues

"Research advisor" for *International Council of Philosophical Inquiry with Children*

A handwritten signature in black ink, appearing to read 'ylva'.

Viktor Gardelli, PhD



Senior Lecturer and Researcher in Education

Doctoral thesis on dialogic, collaborative and student-centred pedagogy, inquiry-based education and ethics education

More than 15 years of practice, education and research in philosophical dialogues

Research committee member in the *International Council of Philosophical Inquiry with Children*

Topic editor on PhilPapers.org for "philosophy for children: ethics"

A handwritten signature in black ink, appearing to read 'Viktor Gardelli'.



Some projects

"Cross-disciplinary measurement of health and development for students with disabilities participating in dialogic interventions" (LTU)

"Digital tools to promote precise health promoting interventions among persons with aphasia and other communication difficulties through facilitated dialogs" (LTU)

AI4EDU: Conversational AI assistants for teaching and learning (European Commission: European Education and Culture Executive Agency)

("P4PABI") *Education for participation - Philosophizing back a "new" life after acquired brain injury* (Swedish Research Council)

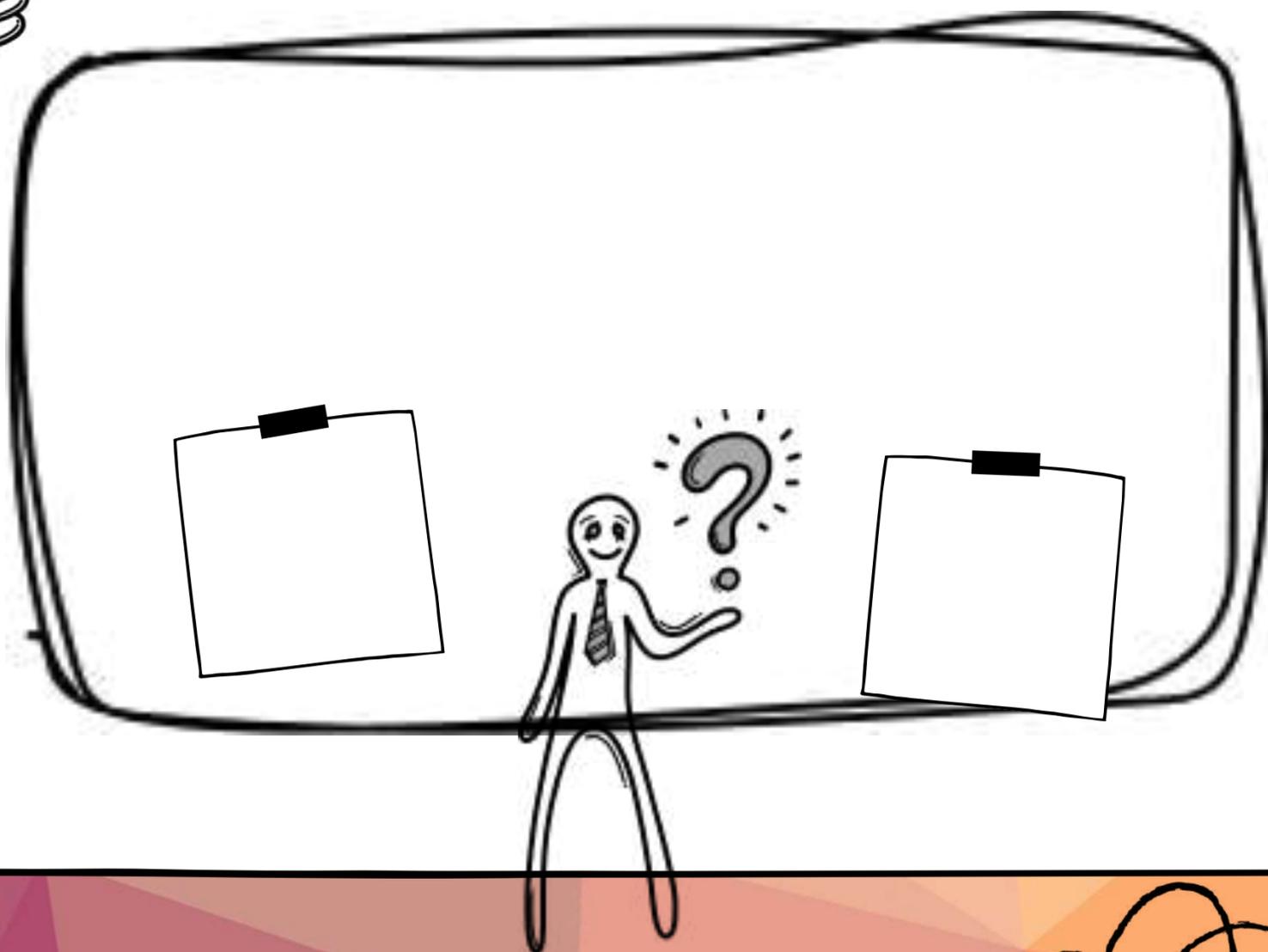
"When words fail". Technological tools to support philosophical dialogs for persons with Aphasia (The Swedish Innovation Agency)

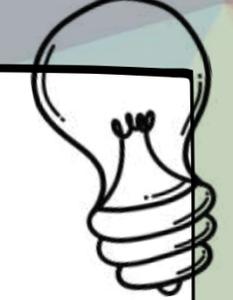
Finding ones place in life: Existential health through philosophical dialogs for students with intellectual disabilities (Luleå kommun)

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Dialogic education



What does it mean?



Dialogic education

Equality

Open, authentic questions

Collaborative Inquiry – “Community of Inquiry”

Questioning, argumentation

Meta-cognition: thinking and talking about thinking and talking

Student-centred, inquiry-based and collaborative

Some references:

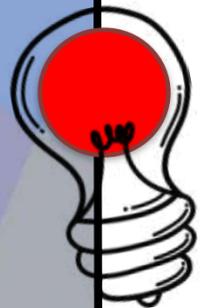
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- Backman, Y., Gardelli, V., & Parnes, P. (2022). App-supported Philosophical Dialogues: Designs, challenges and Participants’ Experiences. 20th Biennial ICPIE Conference – Philosophy in and beyond the classroom: P4wC across Cultural, Social, and Political Differences, Tokyo, Japan.
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Monologic

- Teacher-centred
- Closed, knowledge-checking questions
- "Banking"
- IRF pattern of communication
- Teacher led
- Information transfer
- Students passive receivers
- Memory
- Conforming thinking
- Reproduction

- Much more common in schools!
- Not well supported by research



Dialogic

- Student-centred
- Open, genuine and contestable questions
- Inquiry
- Dialogical communication
- Collaborative
- Knowledge creation
- Students active creators
- Creativity
- Critical thinking
- Co-production

- Much less common in schools!
- Well supported by research



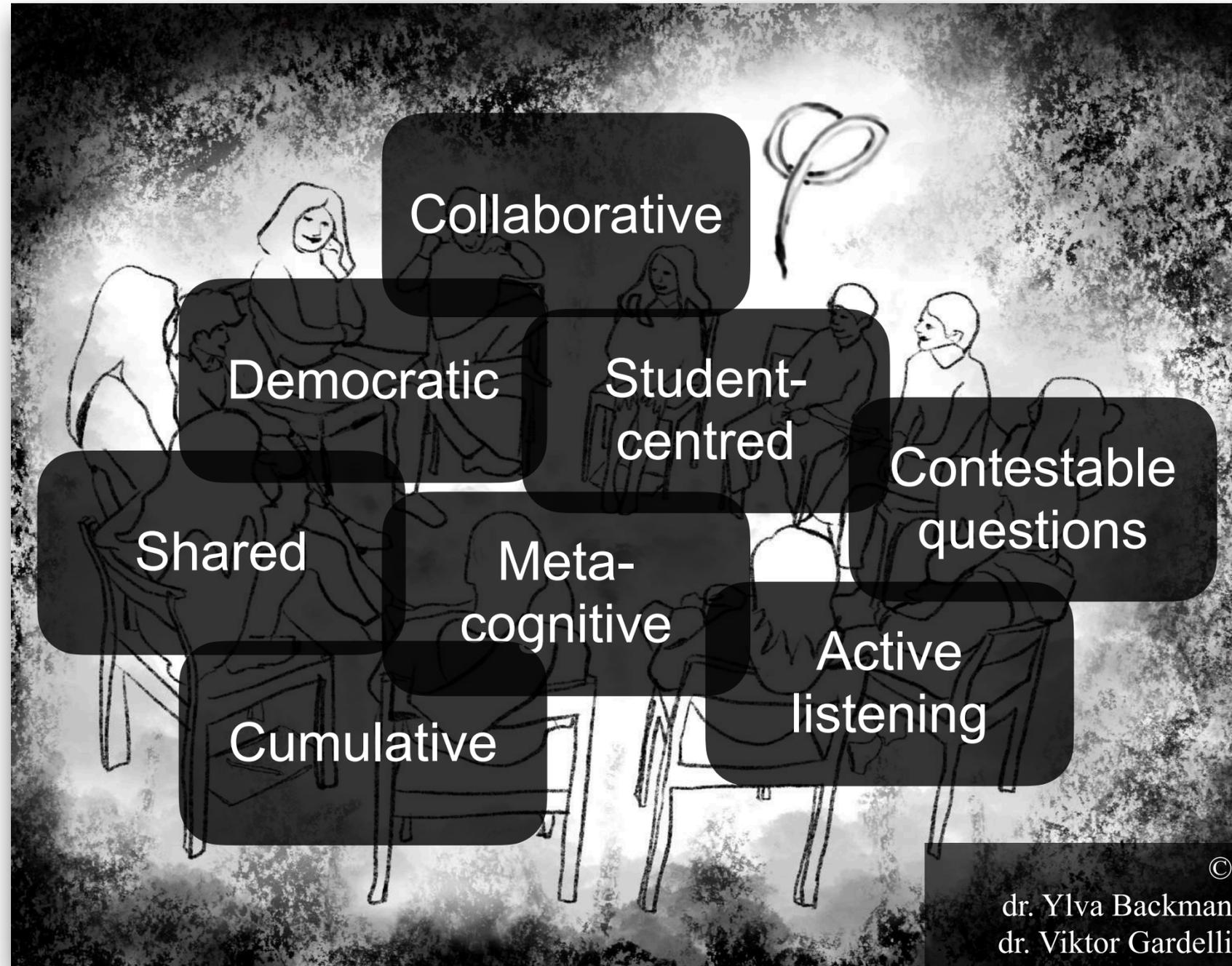


Particular form of dialogues

Common routine:

1. Getting started
2. Sharing input
3. Pausing for thought
4. Posing questions
5. Making connections between questions
6. Choosing question to begin an inquiry
7. Inquiring under guidance of the facilitator
8. Mapping the dialogue
9. Meta-dialogue

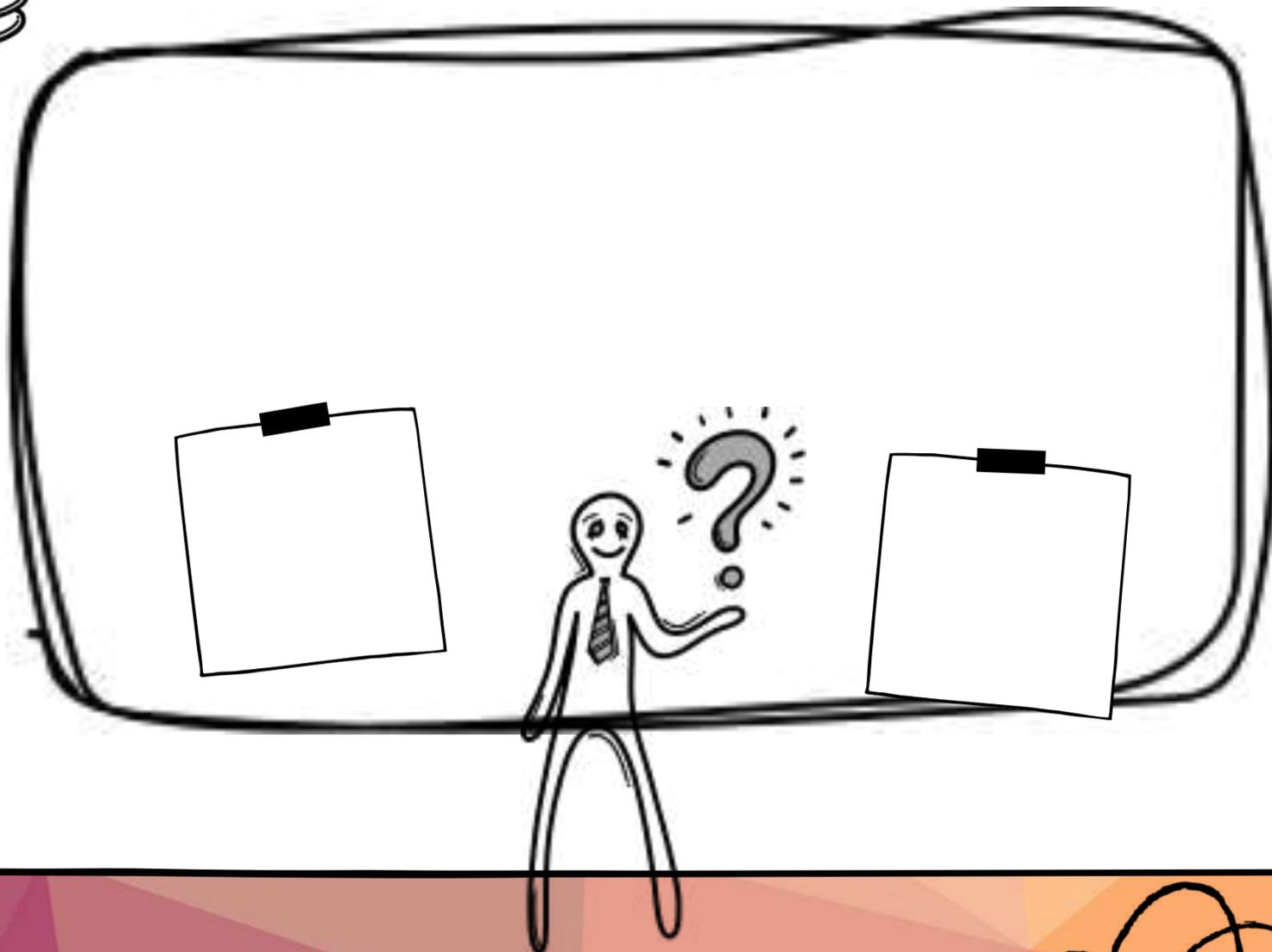
Not just any type of
verbal exchange

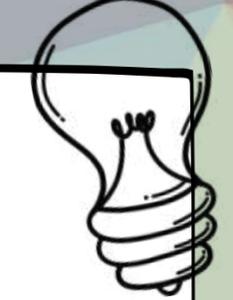


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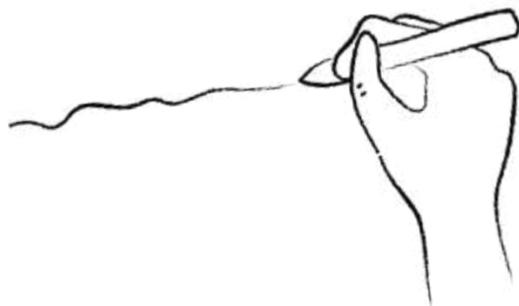
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Research about dialogic education



What does the research tell us?



Results

Positive results have been shown in several different "domains". We will here talk about four of them:

- Emotional
- Social
- Cognitive
- Performance



Some references:

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- Trickey, S., & Topping, K. J. (2006). Collaborative Philosophical Enquiry for School Children: Socio-Emotional Effects at 11 to 12 Years. *School Psychology International*, 27(5), 599–614. <https://doi.org/10.1177/0143034306073417>



Results: Emotional

Studies have shown that participation in dialogic education can lead to increases in:

- Emotional skills
- Empathy
- Self-confidence
- Self-esteem
- Confidence to speak
- Enjoyment and interest in school activities

Some references:

- Backman, Y., Gardelli, T., Gardelli, V., Gardelli, Å., & Strömberg, C. (2017). Mental well-being and philosophy for persons with acquired brain injuries. 18th ICPIC Conference: Family resemblances, Madrid, Spain.
- Backman, Y., Gardelli, T., Gardelli, V., & Strömberg, C. (2020). Group Argumentation Development through Philosophical Dialogues for Persons with Acquired Brain Injuries. *International Journal of Disability, Development and Education*, 67(1), 107–123. <https://doi.org/10.1080/1034912X.2019.1681377>
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- Gorard, S., Siddiqui, N., & See, B. H. (2015). Philosophy for Children Evaluation report and Executive summary (pp. 1–45). The Education Endowment Foundation.
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Results: Social

Studies have shown that participation in dialogic education can lead to increases in:

- Social skills
- Better relations
- Abilities and tendencies to listen to others
- Tendency to respect each others

Some references:

- Backman, Y., Gardelli, V., Gardelli, Å., & Franklin, A. (2022). Results from a PwC Intervention in a Swedish Socio-economically Disadvantaged School – A Multiple Case Study of Students Diagnosed with Neurodevelopmental Disorders. 20th Biennial ICPIE Conference – Philosophy in and beyond the classroom: P4wC across Cultural, Social, and Political Differences, Tokyo, Japan.
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- Trickey, S., & Topping, K. J. (2006). Collaborative Philosophical Enquiry for School Children: Socio-Emotional Effects at 11 to 12 Years. *School Psychology International*, 27(5), 599–614. <https://doi.org/10.1177/0143034306073417>



Results: Cognitive

Studies have shown that participation in dialogic education can lead to increases in:

- Creative thinking
- Critical thinking
- Problem solving abilities
- Reasoning and argumentation
- Overall measured cognitive abilities, and IQ
- Intelligence, over what some theorists call several domains of intelligence

Some references:

- Colom, R., Moriyón, F. G., Magro, C., & Morilla, E. (2014). The Long-term Impact of Philosophy for Children: A Longitudinal Study (Preliminary Results). 35(1).
- Fisher, R. (2007). Dialogic teaching: Developing thinking and metacognition through philosophical discussion. *Early Child Development and Care*, 177(6–7), 615–631. <https://doi.org/10.1080/03004430701378985>
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- Topping, K. J., & Trickey, S. (2007). Collaborative philosophical enquiry for school children: Cognitive effects at 10-12 years. *British Journal of Educational Psychology*, 77(2), 271–288. <https://doi.org/10.1348/000709906X105328>
- Trickey, S., & Topping, K. J. (2004). 'Philosophy for children': A systematic review. *Research Papers in Education*, 19(3), 365–380. <https://doi.org/10.1080/0267152042000248016>



Results: Performance

Studies have shown that participation in dialogic education can lead to increases in:

- Academic achievements
- Reading ability (incl. reading comprehension)
- Writing
- Maths and quantitative reasoning
- Democratic education



Some references:

- Cam, P. (2009). Educating for Democracy. *Diogenes*, 56(4), 37–48. <https://doi.org/10.1177/0392192109355528>
- Colom, R., Moriyón, F. G., Magro, C., & Morilla, E. (2014). The Long-term Impact of Philosophy for Children: A Longitudinal Study (Preliminary Results). 35(1).
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Some quotes from our prior research participants

/Headmaster and participant
In research project about a
Student with autism

For those who had
difficulties talking, it was a
way to start talking. ... It
was as if it changed after
that.

Sometimes one has felt – oh,
wow, I'm good at having an
opinion ... one has felt so ...
that people listen to what
one has to say. You feel
proud. ... Empowered, like,
empowered in one's self-
confidence.

/Adult participant
with acquired brain injury

We can also state our opinions
and be of value ... Our views are
important, too. We're not stupid
because we have an acquired
brain injury. We, too, have
important things to say.

/Adult participant
with acquired brain injury

It feels good during the
philosophical dialogues
because one gets to know
more about what others
think and feel ... It's, like,
easier now to get along.

/Pupil and participant in research project
in socio-economically disadvantaged area

We talk and try to
think, together.

/Pupil with autism diagnosis

Summary



Dialogic education is collaborative, student-centred and inquiry-based.

Dialogic education is well supported by research

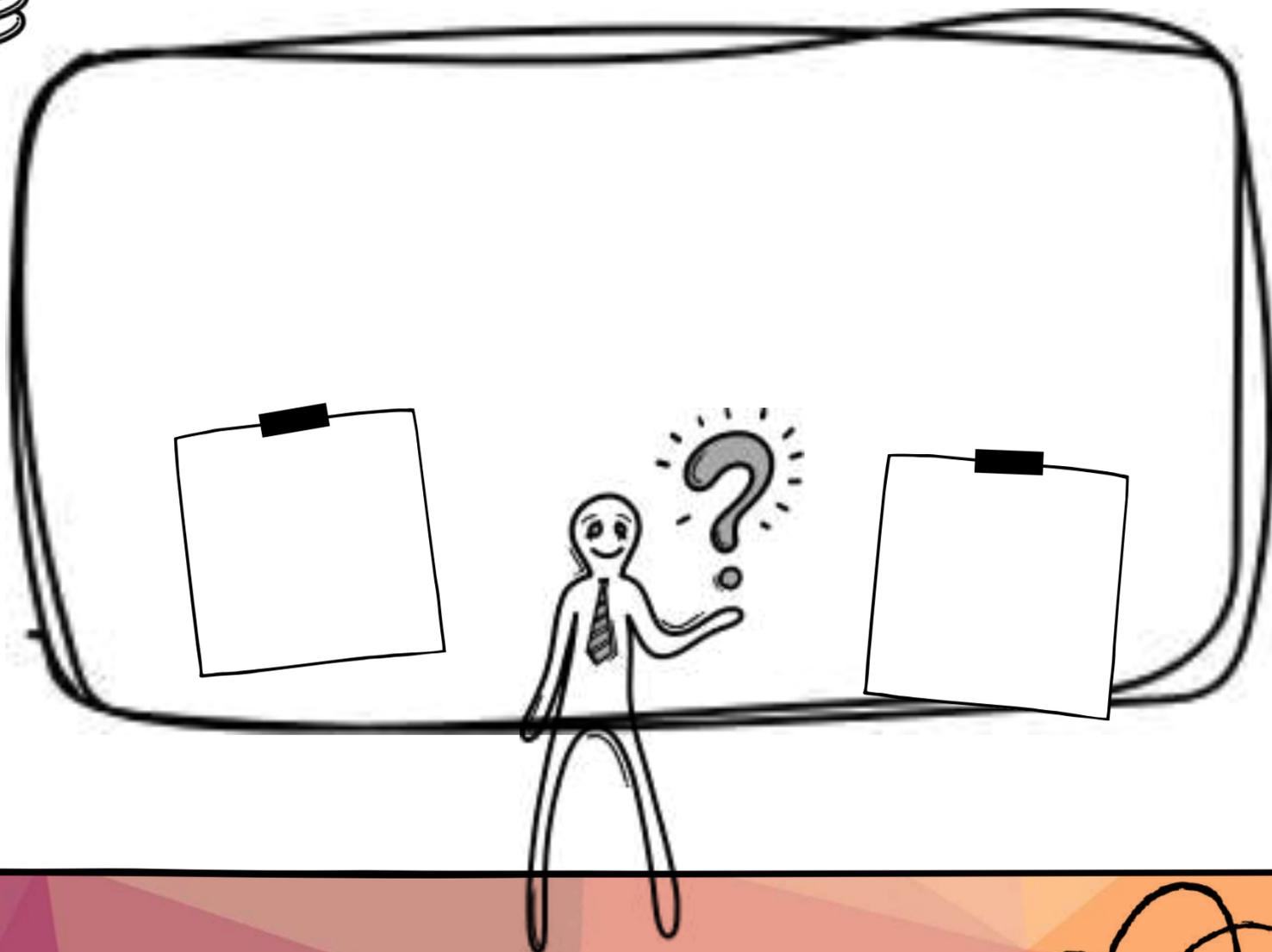
- Cognitive development
- Communication and democracy
- Socio-emotional development
- School performance

Monologic education is still more common in real world classrooms.

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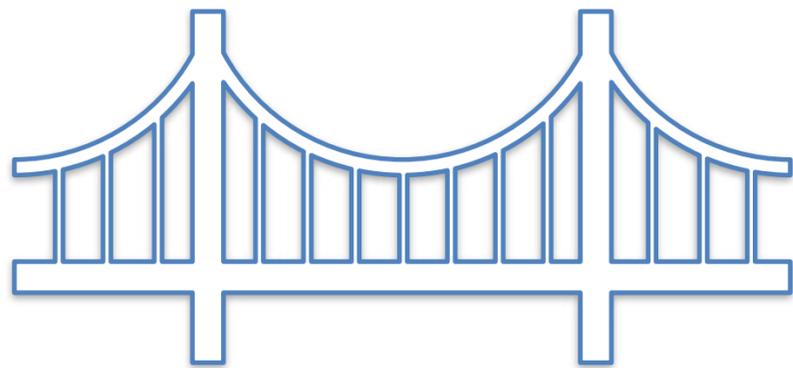
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The BRIDGE to dialogic education



Particularities of the BRIDGE application

Contextualised applications

The power of teachers

Schools in Italy, Latvia and Sweden

From primary to upper secondary schools

Dialogues with pupils

to support socio-emotional well-being

about questions closely related to socio-emotional well-being

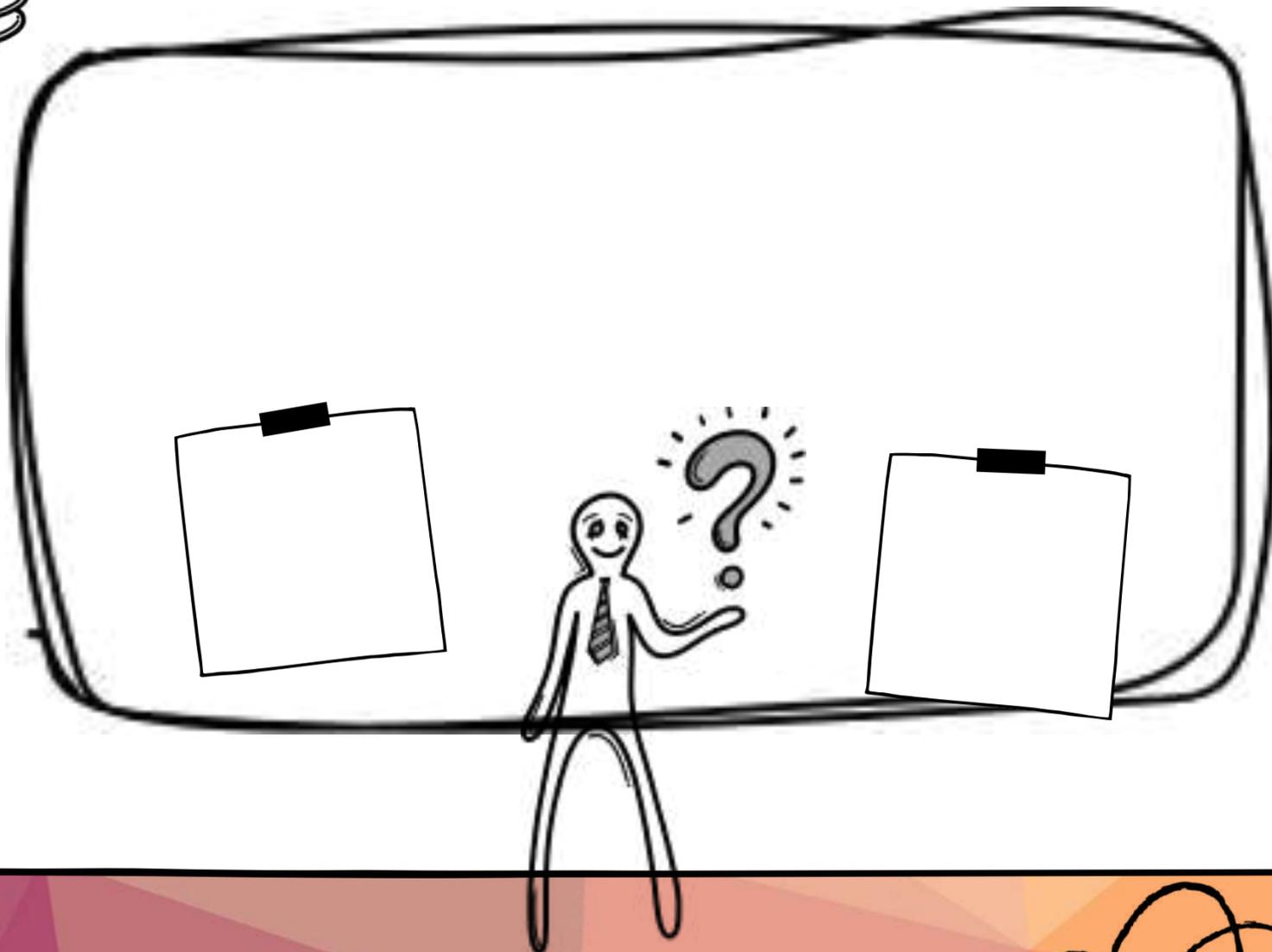
Dialogues with colleagues about well-being and related values

Professional development tool to support evaluation and development of facilitation

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Some of our publications ...

- Backman, Y. (2016a). Circles of Happiness: Students' Perceptions of Bidirectional Crossovers of Subjective Well-Being. *Journal of Happiness Studies*, 17(4), 1547–1563. <https://doi.org/10.1007/s10902-015-9658-0>
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... publications (2) ...

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- Gardelli, V. (2017). *Philosophy with Children, Inquiry Ethics and Value Transmission: Merits, demerits and relations between the approaches*. 18th ICPIIC Conference: Family resemblances, Madrid, Spain.
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